

Art of Living : FengShui Way

Can we Leverage Feng Shui for Sustainable Development

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Literal and practical meanings

Feng Shui means wind (Feng) and water (Shui). Wind and water are the two vital elements for life. Without these two elements, no life is possible. The wind and water suggests the presence of an universal energy: "Chi". The Wind is the invisible energy and Water is the visible energy.

Originated in India, it was developed and perfected in the old traditional China. For more than 3,500 years, the Chinese sages realized the importance of these energetic influences and tried to learn how to improve the human condition.

Feng Shui is a body of knowledge related to natural forces coming from the earth and the sky. These forces interact with human beings. Its fundamental principle teaches us that our environment affects our destiny.

For instance, in agriculture, if you plant good seeds in the right field (Earth Chi), at the right time (Heaven chi), using your own experience (Human Chi) you are likely to make a good harvest, so to "catch" prosperity. If you do not know how to take advantage of the interaction of the earth and the Heaven, planting seeds at the wrong time in the wrong place, you will know hunger, poverty and death, destruction of a family or the collapse of a city or a region.

The interaction between the three energies of the Heaven, Earth and Human being is the key concept. The knowledge of Feng Shui is rooted in the understanding of these energy field interactions. That is why it is an art of adaptation.



FengShui is also called "earth acupuncture". Acupuncture is one of the eight disciplines of Chinese medicine. Its teaching aims at understanding the impact of forces and forms of nature on our health, psychology, behavior and destiny.

Chinese chose five elements of the nature to explain the functioning of the world, by attributing to each, a shape, a color palette, organs, movements, temperature, and directions. These five elements interact between themselves by cycles of help or support and destruction or control.



The strength of these elements vary according to the seasons: for example in the summer, the fire is in its season. So it is strong and can put out the water. On the other hand, the water in winter is in its season, it is strong and can put out the fire.



This figure speaks about time and space because it is based on the movement of the shadow created by the rotation of the sun on the earth during one day, with the alternation of day and night.

This second fundamental principle explains how the world is:

- Nothing is totally yin or totally yang. There is always a part of yin contained in the yang and conversely,
- The yin and the yang attract each other,
- Everything is transformed, any exchange as the law of the life.

It was through oral instruction that this knowledge spread throughout various parts of China. This oral teaching was enriched according to different places of life and landscape. The "form school" developed from the mountain regions and provided knowledge on the influence of shapes. It brought the famous saying: "energy follows the form and humans follow the energy". In areas with less prominent shapes the influence of compass directions and locations imposed the point of view of the "compass school", using calculations.

Both the "form school" and the "compass school" techniques are needed for a comprehensive Feng Shui analysis.

There are a few decades, Feng Shui migrated towards four Asian dragons : Singapore, South Korea, Taiwan and Hong-Kong which now appear among the best classification of the 2014 free market economy index, published in the Wall Street Newspaper. Indeed, at the economic level, Feng Shui shows good results, such as the famous Bank of China in Hong Kong. Designed with Feng Shui techniques and built by the architect Leoh MING PEI, this building contributes to the stable development of the Chinese economy.

However, to act at the economic level to develop a society is no longer enough and valid because our contemporary world is facing social problems which are not only economic but also simultaneously at the spiritual, nutritional, financial and energetic levels. This situation causes an unprecedented crisis.

Spirituality, nutritional, financial and energetic issues must be addressed all together, at the same time.

It is how Feng Shui techniques work, so it can be used to solve environmental problems.

Feng Shui practices always give balanced solutions in order to harmonize finance, food, health and spirituality using the natural resources and respecting them. In this perspective, the attention on the urban planning and the landscapes is essential.

How it can solve social problems

Feng Shui has a global approach

In our big cities, the nature is almost forgotten. Green spaces have been reduced, the ground is paved. The Earth doesn't breathe anymore. All the views around are blocked, and we have no more connection with the sky.



Effective alternative techniques exist and do not degrade the environment but **they** are not systematically employed because of economic and political issues.

Feng Shui can be very useful in helping to find appropriate and sustainable responses, finding solutions to solve various financial, economic, food, environmental and spiritual, that is shaking our contemporary world.

It is time to reintroduce and follow its old principles :

- Recognize the strength of Heaven: Open our consciousness to produce with more spirituality in mind. Also produce at the right moment.
- Encourage Human beings in their personal development : change their behavior,
- Improve the Earth: Produce locally, respectfully and with concern.

At the human level, encourage human beings in their personal development is key to produce without destroying the environment. We can make the best Feng Shui in the world, if man does not change his behavior, does not wake up and act, nothing will happen.

The role and action of man is essential in any changes.

How Feng Shui can influence humanbeing's behavior ?

Here aresome clues:

Feng Shui considers any building as a living organism. Moreover, each geomagnetic sector is connected to one of our physiological organs:

In other words, in order to develop intelligence, the presence of a head (top of a building) is necessary. If there no visible roof, this means that the house has no "head" (no brain, no intelligence): in an Earth energy environment (horizontal or vertical rectangular shapes), if there is no roof edge, intelligence will not be favored. Indeed, for the Chinese, the tip of a rectangle symbolizes a pencil, so that the mind is used.



"Le crayon" : "The pen" in Lyon (France). Gives the vitality to the district.



Bells towers and roofs in Edimburg (Scotland). A university quality life.



Oxford University

Feng Shuihelpspersonal developmentbecause it opensourawareness about the existence ofthe links andmeaningsbetweengeomagnetic sectorsof our environments (from our house to the territory ofthe cityitself)and governs our daily lives.

If there is no mountain in the environment, or buildings with shaped forms (fire energy, by the natural action of fire that feeds the center of the Earth) the population living in these 'head cut forms' will manifest some difficulties in developing their intelligence. Hence, aggressiveness can take place.

With Feng Shui knowledge, this scenario of violence can be stopped, while supplying solutions of renewable power production, putting rehabilitation programs in place. In dealing with the peaked roofs with shapes, this can also be the opportunity to install wind turbines in triangle forms (fire) on the top of roofs, and fits perfectly in the direction of sustainable development.

In this case, Feng Shui may also understand the local energy created by the landscape influences. Then it supports a specific economic activity within the spirit of sustainable development.

How?

By intervening on the environment for balancing in the forms the five elements and the yin & the yang:

First example: in some cities surrounding the old city centers which were built after the WWII in Europe, we can see a model of repetitive urbanization in which all residential buildings look the same.



This building has a rectangular shape. The energy of this form is most "Earth". Earth can be either nurturing or destructive. Harmony is a question of balance. Too much earth can bury.

It is comprehensive that people who live in these buildings, only based with rectangular shapes, can generate aggression in response to this act imposed by unconsciousness of builders.

Furthermore, according to the law of nature's mimicry, these forms, everywhere the same, with no real contrast, can't favour mental evolution and so, develop small aggressive groups claiming leadership (i.e.: gangs tend to stand out).

The fact that these buildings are cube-shaped Earth shaped buildings can be good if composed with fire, metal or water shape, itself or in the environment: fire will give it strength if too weak, metal will drain it if too strong, and a fair quantity of water can assure it 's economic future if properly located.

The task of Feng Shui will be to grant the premises according to the activity in order to create the link, facilitate trade and support their development.

According to the principle of cause and effect, humans react to the ambient energy, which itself is only a result of surrounding forms: For instance, if there is garbage near your front door, you will feel disturbed every day when you enter or leave your home. Your life will not be easy. On the contrary, if you can see some trees in a park which send you their live energies, your life will be better.

Second example: Many villages in our countries have suffered from the exodus of people after the WWII to the benefit of towns. Today 50 % of the world's population lives in towns. Numbers of agricultural villages are now emptied of their population. They are struggling to survive, facing the disappearance of small farms, know-how and the destruction of landscapes.

From the Feng Shui point of view, the spring of energy present in villages is more fragile than those of powerful cities. So rethinking the flow of Chi in the development of a village can revitalize the activities and population. Feng Shui techniques can maintain and develop the population in these regions. So, a new kind of economy (tourism, renewable energy, local organic farming, social cohesion and safeguarding of assets) may occur.

Final example: The globalization across the planet comes with huge work of connecting systems of logistics and information. A better distribution of information networks (telephone, Internet...) and also the guarantee of transport enable the best solution for a global development, according to the scientists.

From the Feng Shui point of view, the placement of these infrastructures and, in particular, stations, airports, motorway will act decisively on the development or the marginalization of a town. Their location must be defined with a strong attention.

These three non-exhaustive examples show how Feng Shui techniques can participate to accompany the societal changes we face today. Now you can easily imagine the construction of shops, businesses, factories, making good use of some sites whose energy is conducive to work and perform, or resting while other sectors of the place would be completely avoided. Feng Shui consultations can be driven to improve the organization of a village in a difficult environment using the natural forces.

It is important to help people change their behavior and to promote their well-being, make them more caring, be positive and responsible and be respectful to the nature.

The balance of the forms with the five elements and yin and yang is one of the good answers to encourage men to change and in extension to change the society. By improving the shape of their environment. When a majority of men change their behaviour, 60% of the work will be done. It only remains to develop and

implement technological resources offered by the living energies of our planet: Earth, Water, Fire, Metal, Wood, Wind.

Reconnect the man with the nature:

The natural elements used in the fundamental principles of Feng Shui are the ones found in the techniques of sustainable development.

With the sustainable development, the West joins the East in its understanding of the natural resources, by replacing them in the center stage to guarantee our health and the planet one.

The board below presents the energy characteristics in their aspects yin yang and of movement. The information in last column indicates the link with the techniques of the sustainable development.

They are also transformed by man, the success for a sustainable development:

Name of the 5 Energies	Description	Yang aspect	Yin aspect (transformed by men)	Sustainable development
Wood	Upward movement of the thrust of a plant	Forest	Crop	Bio mass, maintaining bio diversity of flora and fauna
Fire	Eccentric movement and even explosive	Fire in the earth	Electricity Hoover, candle,	Solar energy
Earth	Indicates a transformation (e.g: the flower into a fruit)	Mountains	Agriculture	Earth, straw constructions, Organical culture
Metal	Product of a concentric concentration	Mining,	Iron industry, jewellery, Money automobile and aerospace industry ...	Recycling metals
Water	It is a fluid movement of flow ; travel	Rain, sea, river, lake...	Domestic waster, dams	Hydro power, harvesting rain, wastewater recycling

From the point of view of the urban planning, Xiangqia CHEN et Jianguo WU, in their publication "Sustainable landscape architecture" explain that the real production of sustainable and ecological architectural landscapes will be possible only provided that it has for guide the old Chinese philosophy named: " unity of the man with the nature ".

To conclude:

**Spirituality is the path that gives us access to the meaning and essence of life.
Feng Shui is a highly spiritual discipline that allows the opening of consciousness**

Human life is governed by the laws of society, defined by men themselves. If men change to become more ethical, human, ecologically oriented and show respect towards nature, society will change for the benefit of all. A society living in consciousness is a spiritual society.

FengShui gives the opportunity to bind and link each thing, each action in a global development process proceeding intelligently with the forces of Nature and the environment.

It is possible to direct policies and behaviors in order to develop produce and consume by respecting the forces of nature. Eat local according to the season, focus on the local production to support the community.

Use the natural forces while respecting them, remain open and friendly.

Being closer to the elements of the nature reminding their importance, their power and their utility for the human beings can lead to a better ecological world.

Favor the recycling, respect the cleanliness of places and do not throw away any pollutants in the nature.

Going back to simple rules for producing and developing is the main key to protect the Earth and probably a shape of spiritual politics in favour of the Sustainable development.

Ensure the development and prosperity while respecting nature: the art of Feng Shui!

As said it the Mahatma Gandhi " Be the change which you want to see in the world. "

END

Note: Chue Foundation Feng Shui Research – CFFSR:

Authors:

Article written by **Master VéroniqueLours and Céline Speranza**, both deeply involved to make benefit from this ancestral knowledge to the public, to prosper and live well, by using the power of the nature.

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Céline SPERANZA is a Feng-ShuiChue Style Expert and Magnetizer. As the chairman of the French Chue Foundation, part of the CFFSR, her aim is to diffuse the West how Authentic Feng-Shui creates appropriate and sustainable responses to guarantee health, prosperity and a better life while respecting the nature.

FengShui, rectifying the bad impacts of the shapes built by men, supports human being's activities. This ancestral practice opens minds and consciousness about the importance to listen the nature and the earth.

The CFFSR is an international federation of non-profit association founded in China by Great Grand Master Chue Yuen and moved to the West by **Grand Master Chan Kun Wah**, its President.
For more information visit the website **www.chue foundation.org**.